



Spring Ridge Elementary School THURSDAY ANNOUNCEMENTS



January 8, 2009

Dr. Martin Luther King, Jr. Celebration: FCPS students and staff invite the public to join in celebrating the life and legacy of the Reverend Dr. Martin Luther King Jr., Thursday, January 15, at 7 p.m. in the Gov. Thomas Johnson High School auditorium. The free 90-minute program, "From Vision to Action," will feature inspiring musical performances plus award-winning student artwork and written expressions that focus on Dr. King's life and the principles he promoted, says Ted Luck, FCPS supervisor of Education That Is Multicultural/Gifted and Talented. Students from Deer Crossing Elementary, Gov. Thomas Johnson High and Orchard Grove Elementary will perform during the evening.

SRES Students Win Dr. Martin Luther King, Jr. Awards! Congratulations to Jenna, Dakota and Madeline. Jenna has been selected to receive the Rev. Dr. Martin Luther King Jr. Award. This is awarded to students who consistently demonstrate the leadership qualities characteristic of Dr. King and the Pillars of Character Counts: Responsibility, Caring, Fairness, Trustworthiness, Citizenship and Respect. Dakota and Madeline are winners of the Art Expression Contest honoring the legacy of the Rev. Dr. Martin Luther King, Jr. FCPS will reproduce their pieces in the program for the 19th Annual Dr. Martin Luther King Celebration.

Attention SRES PTA Members: WE NEED YOU... Karen Ritter will be stepping in as PTA President for the remainder of the school year. The Vice President position will need to be filled. The next **General PTA meeting is Tuesday, January 13 at 6:30.** Nominations will be accepted at that time for a new Vice President. If we have more than one nominee then the Executive Committee (the list is in the front of the SRES Directory) will vote to elect a new Vice President at that time.

Reading Idol Update: SRES Reading Idol is moving along. By the end of January we will be half way through the program! Those students who turned in Card 4 by January 5th and 6th will be invited to our annual Card 4 party! This year the theme is Karaoke! We will be reading song lyrics and singing to some popular kid's music. Look for your invitation on Card 4. Remember you must have kept up with your reading and turned in card 4 on time to be eligible for this prize.

2009-2010 BOE Proposed School Calendar: The BOE invites public comment on the proposed 2009-10 school calendar. See the calendar at www.fcps.org using the Calendar icon at the top of the home page. Highlights and contact info are in the full news release: <http://fcps.schoolwires.com/news>.

Attendance Reminder: FCPS has implemented a new student information system for the 2008-2009 school year. Schools will enter attendance information in the student information system, including daily absences, late arrivals, and early dismissals. The system will calculate whether the student receives credit for a full-day or a half-day of attendance based on how many minutes the student is present during the school day as per the MD State Department of Education attendance regulation. (See below.)

Students Scheduled For a Full Day

A student is counted present for a full day if the student is in attendance four hours or more of the school day. A student is counted present for $\frac{1}{2}$ day if in attendance for at least two hours of the school day, but less than four hours.

Students Scheduled For a Partial Day

A student scheduled for less than a full day is to be counted present based on the amount of time he/she is scheduled. Example: A student scheduled for a two hour block of time will be counted present for a full day if the student is in attendance for that entire block of time. If the student is absent for that entire block of time, the student will be counted absent for a full day. A student scheduled for a two hour block of time will be counted present for $\frac{1}{2}$ day if the student is in attendance for one hour.

After School Activities: FCPS will cancel afterschool activities even when school has not been closed early. If the weather is questionable, please check Frederick Channel 18 or www.fcps.org to see if afterschool activities have been cancelled. Signing up for Find Out First will guarantee you get email regarding all cancellations or delays.

NEA Health Information Network Announces Internet Safety Website: The National Education Association Health Information Network (NEA HIN) has developed a comprehensive website on internet safety, available at www.bnetsavvy.org <<http://www.bnetsavvy.org/>>, as well as a free bi-monthly newsletter.

NOTE: The material provided in this OSDFS PREVENTION NEWS UPDATE is for informational purposes only. The opinions expressed herein may not always reflect the views of the Office of Safe and Drug-Free Schools or the US Department of Education, nor do they imply an endorsement. We hope that you find this information to be useful.

Free Parent Workshop - Parents Learning Together: Sensory Based Fun: For parents who struggle with bedtime, bath time, mealtime, birthday parties, family time, this is for you! Parents will learn the "Top Ten Ways" to create opportunities to have fun and build independence in children having difficulty with sensory processing. Presented by Mary Lou Downs, OTR/L, Occupational Therapy Coordinator at the Frederick County Developmental Center. January 15, 2009, 7:00-8:30 pm, Gov. Thomas Johnson Middle School-Media Center, 1799 Schifferstadt Blvd., Frederick, MD 21701. For information or to register, call 240-236-8430. Registration is appreciated, but not required. Co-sponsored by FCPS Partners for Success, Families Plus! at 301-694-9002, and FCDC Infants and Toddlers at 301-600-1617.



Exercise Tips: As we are in the season of New Year's resolutions, now is a good time to focus on your own health and the health of your children. Here is some information that we would like to share about the importance of exercise. The new Physical Activity Guidelines for Americans was released in October. It can be accessed at the following website: <http://www.health.gov/paguidelines/guidelines/summary.aspx>. If you are planning a new exercise regimen, a great website to use is the American College of Sports Medicine Keys to Exercise Success site at <http://www.myexerciseplan.com/assessment/>. Included at this site are pre-exercise health assessments, barriers to success assessments, and a "Keys to Success" series of short videos about exercise type, intensity, frequency, and duration; stretching; and strength training. Best of luck!

RECYCLE and raise funds for SLAM, DUNK, READ Basketball Camp: Please consider donating unwanted electronic items to Slam, Dunk, Read Basketball Camp. Examples of items needed are cell phones, ink jet printer cartridges, DVD movies and videogames, laptop computers, MP3 players, X-Boxes, Play Stations, Wii, Digital Picture Frames, Portable navigation & GPS Devices (Garmin, Magellan, Tom-Tom). We can't accept large items like full size computers or printers. You can drop off donations to Karen Craney's Room #102 anytime. Thank you for supporting a good cause and making the world a cleaner place.

Outside Activities during Cold Weather: Please keep in mind that students will go out for recess, weather permitting. Please be sure that your child is adequately dressed for the weather - winter coat/jacket, gloves/mittens, and hat. Students will not go outside for recess or physical education whenever the temperature falls below 20 degrees, including the wind chill factor.



Fifth Grade Flag Bearers for January:

Jan. 12 - 16 Steven C, Chase, Erika
Jan. 22 - 23 Charles, Hayden
Jan. 26 - 30 William, Joie

UPCOMING DATES:

Jan. 12 Fine Dining (K,1,4)
Jan. 13 Fine Dining (2,3,5)
Jan. 13 Parent Preview 5th Grade Family Life Lesson
4:00 pm Room 301
Jan. 13 PTA General Meeting 6:30
Jan. 13 Chat with Superintendent Dr. Linda Burgee at
Linganore at Oakdale High School 7:00-8:30 pm
Jan. 14 Math Enrichment Club 3:45-4:30 pm
Jan. 15 Dr. Martin Luther King, Jr. Celebration, Thomas
Johnson High 7:00 pm
Jan. 15 Dominos Night
Jan. 16 Term 2 ends
Jan. 16 5th Grade Family Life Lesson PM
Jan. 19 School Closed-Martin Luther King Jr.'s Birthday

Jan. 20 School Closed - Prof. Development for Staff
Jan. 21 School Closed - Teacher Work Day
Jan. 21 Chuck E Cheese Fundraiser 3:00-9:00 pm
Jan. 22 Second Semester - Term 3 begins
Jan. 22 Bus #451 Meeting
Jan. 26 Bus #541 Meeting
Jan. 28 Field Trip to ESSL (Briscoe) 11:15-1:45 pm
Jan. 28 Bus #261 Meeting
Jan. 28 Math Enrichment Club 3:45-4:30 pm
Jan. 29 Field Trip to ESSL (Knox, Pagel) 11:15-1:45 pm
Jan. 29 Bus #348 Meeting
Jan. 30 SRES Spirit Day - Team Day
Jan. 30 Reading Idol Card 4 Party (Karen Craney)